



Allergy Skin Testing Preparation Instructions

Please read the entire form

Please arrive 30 minutes prior to your appointment and examine the medication list below **CAREFULLY** – failure to do so may result in the **cancellation** or **rescheduling** of your Allergy Testing. Please also read the attached **Beta Blocker** sheet of medications to stop with the advisement of your physician.

Medications that **AFFECT** Allergy Skin Testing:

DO NOT take these medications **7 days** or longer (or as listed) prior to your appointment.

Antihistamines – First Generation	
Generic Name	Brand Names (not all inclusive)
Azatadine	Optimine
Bromphenarimine	BroveX, Dimetane, Lodrane
Carbinoxamine Maleate	Histex Pd, Palgic and Peditax
Chlorpheniramine (6 days)	AHIST, Aller-Chlor, C.P.M, Chlo-Amine, Chlor-Allergy, Chlor-Mal, ChlorTrimeton, Chlorphen, Effidac-24, Histex, Ridraman
Cyproheptadine (11 days)	Periactin
Dexchlorpheniramine	Polaramine
Diphenhydramine	Actifed Sinus Day, AllergySinus, Allermax, Aler-Dryl, Altaryl, Banophren, Benadryl , Calm-Aid, Children's Allergy, Compoz Nighttime, Diphedryl, Diphen-Allergy, Diphenhist, Dormin Sleep Aide, Dytan, Dytuss, Genahist, Hydramine, Ibuprofen PM, Nu-Med, Nytol, PediaCare Children's Allergy, Q-Dryl, Tylenol PM, NyQuil
Dimenhydrinate	Dramamine
Hydroxyzine (8 days)	Atarax, Rezine, Vistaril
Ketotifen	Zatiden
Meclizine HCl	Antivert, Bonine
Methdilazine	Tacaryl
Promethazine	Chlorpromazine, Phenergan, Promethazine, Prorex 25 & 50, Thorazine
Pryilamine	Nisaval
Trimaparazine	Tremaril
Tripelennamine	PBZ & PBZ-SR
Triprolidine	Myidyl, Zymine
Antihistamines – Second Generation	
Astemizole	Hismanal
Cetirizine	Zyrtec
Desloratidine	Clarinx
Fexofenadine	Allegra
Loratadine (9 days)	Alavert, Claritin
Levocetirizine dihydrochloride	Xyzal
Metquitazine	Primalan, Quintadrill
Mizolastine	Mizollen, Mistamine
Terfenadine	Seldane
Antihistamine Nose Sprays	
Azelastine	Astelin, Astepro, Patanase, Dymista

Antihistamine Eye Drops (Ophthalmic)	
Azelastine	Optivar
Olopatadine	Patanase, Pataday and Patanol Ophthalmic eye drops
Other Drugs with Antihistamine Effects	
Theophylline	Theo-Dur, Respbid, Slo-Bid, Theo-24, Theolair, Uniphyl, Slo-Phyllin
Vitamins A,C,D and E	In doses >1000u
Ranitidine (1 day)	Zantac
Tricyclic Antidepressants (11 days) You must OK stopping these with the doctor who prescribed them.	
Amitriptyline	Elavil, Endep, Etrafon, Limbitrol, Vanatrip
Amoxampine	Asendin
Clomipramine	Anaframil
Desipramine	Norpramin
Doxepin	Adapin, Sinequan (8 days), Zonalon (+topical) (14 days)
Imipramine (14 days)	Tofranil
Nortriptyline	Aventyl HCL, Pamelor
Protriptyline	Vivactil
Trimipramine	Surmontil
Bupropion (5 days)	Wellbutrin
Eszopiclone (5 days)	Lunesta
Mirtazapine (7 days)	Remeron
Quetiapine (7 days)	Seroquel
Trazodone (5 days)	Oleptro
Zolpidem (5 days)	Ambien
Benzodiazepines (7 days)	
Alprazolam	Xanax
Clonazepam	Klonopin
Diazepam	Valium
Lorazepam	Ativan
Midazolam	Versed

Taking any of the above medications can alter your allergy test results or make testing dangerous! If you are unsure about a medication, please call the Allergy Department prior to date of testing.

Please continue to use your Asthma Medications i.e., Singulair (Montelukast) and all your inhalers, these will not interfere with testing, and it is important that your asthma is well controlled at the time of testing. Nasal sprays, such as Flonase (fluticasone), Proton Pump Inhibitors, SSRIs, SNRIs, and antibiotics may continue to be taken and will not interfere with testing either.

* If you have an active fever, rash, shortness of breath, chest tightness, or wheezing please contact the Allergy Department prior to the day of testing. These symptoms make testing unsafe, and we will need to reschedule testing to a later date.

* Please give one week before or after a COVID vaccine to get allergy skin tested.

Patient responsibility after insurance can range from \$0 to \$1,200. Any amount due will be due prior to the test. An attempt will be made to contact you prior to the test. If you have not received a call within 7 days prior to your test date, please call our office at 928-773-2222 opt 5 for Allergy.