

Telemedicine instructions on the Healow Website

1. Go to www.healow.com
2. Select Access Your Health record in the top right corner
3. Change the search criteria to search by Practice Code/Phone and enter 928-773-2222 or BJDHBM. Select Flagstaff Surgical Associates
4. Log in with your patient portal credentials
5. On the main page you will see any upcoming appointments, click Join Televisit to start
6. You will be prompted to enter your vitals and fill out relevant questionnaires for your visit. Press submit.
7. Your computer will do a compatibility check, **you need a webcam (with a microphone) in order to participate in your telehealth visit.** If you do not have a microphone or a webcam you will not be able to join the visit.
8. Click start televisit if you do not have any issues with the compatibility check
9. You will be brought into the virtual waiting room. Once the provider joins you will be live on your visit.

See step by step images below. Please call 928-773-2222 if you have any questions or need help troubleshooting your telehealth visit.

FIND A DOCTOR IN

Flagstaff, AZ

By **Specialty** | By Doctor

Choose a Specialty

Find

Popular Specialties near Flagstaff, AZ

Family Physician

Diabetes Management

Family Planning

Show all Specialties and Doctors



Sign In To Access Your Health Record

If your doctor has given you online access start by finding your doctor

Search By: Provider Name Practice Name Practice Code/Phone

Enter Your Practice Code/Phone

Go

Or login to an existing account



Flagstaff Surgical Associates

77 W Forest Ave #201
Flagstaff, AZ 86001

Select

Sign In To Access Your Health Record

If your doctor has given you online access start by finding your doctor

Flagstaff Surgi...
77 W Forest Ave #201
Flagstaff, AZ 86001
 remember my selection

Change

Username

Password

Login [Forgot username/password?](#)

Your doctor has not published your health records online. Please contact your doctor's office if you need access to your health records.

Suggestions

- Blood Pressure**
Keep your BP in check without a doctor. View comprehensive summary and share it with...
- Add Family Member**
Take charge of your loved ones' health by adding them to your circle of care. Best...
- Link Another Account**
Take charge of your loved ones' health by adding them to your circle of care. Best...

Upcoming Appointments

Confirmed

Arianae Hyder
Flagstaff Surgical Associates
77 W FOREST AVE, SUITE 201
FLAGSTAFF, AZ 86001-1800
Today 10:00 PM EDT

Join TeleVisit

Looking for an...

Upcoming Appointments > TeleVisit

1 Vitals 2 Compatibility Check 3 Join the TeleVisit appointment

The Vitals has been submitted successfully

[Start TeleVisit](#)

[Review Vitals](#)

heatcW help | My Chester Tester

Televisit

✓ Connected

Waiting for Arianna Hyder to join ...

Appointment Time

Mar 18, 2020 | 02:38 PM MST

✓ Vitals received [View](#)